

September 1999



**Unity
LiveWire**

**577 Broadway Avenue
P.O. Box 563
Lorain, OH 44052
Phone 440.246.1800**

Central Offices

Co-Chair	Jim Buchanan
Co-Chair	Bob Paton
Treasurer	Jack Smith
Secretary	George Sheridan

Advisory Board

Jim Buchanan.....	949.5813
George Sheridan.....	647.4654
Jack Smith.....	323.6500
Karen Nickoli.....	365.2896
E-mail: KAREN2Ewe@aol.com	
Bob Paton.....	965.7786
Tom Coughlin.....	366.5330
Jan O'Hern.....	244.6681
Don Klier.....	647.6472
Jackie Klier.....	647.6472
Ed Rangus.....	282.7298
Bill Watkins.....	934.1610
Greg Janik.....	366.6566

Committee Chairs

Unity Livewire

Donna McCauley.....	288.3495
E-mail: dmccauley@centuryinter.net	
Don Henderson.....	233.6070
E-mail: DrDonny@prodigy.net	

Literature

Jack Smith.....	323.6500
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Phone Lines

Dee Carter.....	288.8435
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Schools

Ellen B.....	322.5306
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District Committees

District #19

19A Mike Tomlin.....	949.5664
E-mail: Mustangmike@centuryinter.net	
19B George Schmdt.....	419.621.8117
(Alt) John Schellhouse.....	323.8133

District #20

Yolanda Arimont.....	284.1015
Diana Sammut (Alt).....	323.8848
E-mail: ITTLES1234@aol.com	

New Meetings

12X12 "STEP KIDS" Discussion

Wednesday 10 AM
Local 425 UAW Hall Baumhart Rd
Lorain, OH
closed smoking
wheelchair accessible

Unity Hall Men's Discussion

Friday 8 PM
577 Broadway Ave.
Lorain OH
closed men's smoking
wheelchair accessible need support

Big Book Study

Wednesday 8 PM
Lorain County Mission
306 Morgan Avenue
Elyria, OH
non-smoking
wheelchair accessible

Meeting Rooms Available Lorain County Mission

306 Morgan Avenue
Elyria, OH
phone 322.4623
non-smoking
wheelchair accessible

Harrison Cultural Community Center

Contact: India Ashley 244.0359
1922 Hamilton Avenue
Lorain, OH 44052
non-smoking
not wheelchair accessible
evening meetings only - rent negotiable

Having a problem finding sitters to get to meetings? Call Donna Mc at 288.3495 or E-mail dmccauley@centuryinter.net. A few parents with small children have expressed an interest in sharing responsibilities & possibly starting a meeting with a sitter. If you're interested please let me know.

New Life 18th Anniversary

Wednesday Nite New Life will be celebrating their 18th Anniversary at Elywood Park in Elyria off Washington Ave. Bring a covered dish and enjoy the celebration. September 11th from noon til ??

Servic Work

There are 1,300 registered groups in North East Ohio Area 54. Area 54 is Lorain County representative at the World Service office in New York. Each and every group needs a GSR to communicate with the area reps and attend the monthly Central Office meeting.

Women with at least one year continuous sobriety with no pending cases or on probation are needed to speak to the women incarcerated in the Lorain County jail. Please contact Yolanda at 284.1015 in Elyria.

CORRECTION

The number for the Lorain County Mission in the August issue was incorrect. The correct number is 440.322.4623.

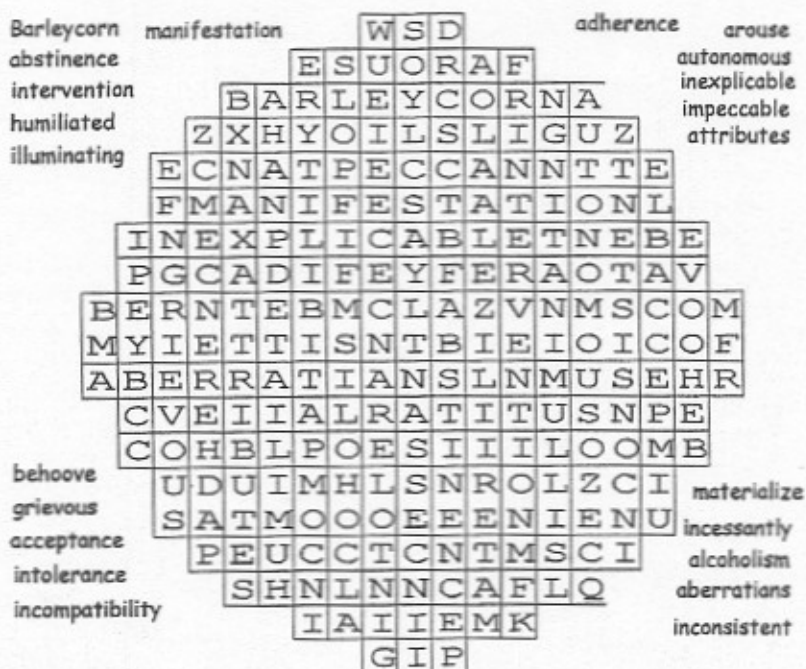
Lorain County Mission

The Lorain County Mission, 306 Morgan Avenue, Elyria, Ohio is relatively new and provides a safe, sober, and spiritual living environment for the newly recovering alcoholic that includes space for single men, women, and family units. Their objective is to help rebuild a life or lives with sobriety in mind. They are in need of sober alcoholics to begin meetings, sponsor, and share their experience, strength, and hope with newly recovering alcoholics. Contact 440.322.4623

Fall In Sobriety

Elyria Thursday Women's Discussion Group will be hosting their 2nd Annual "Fall In Sobriety" Mini-Conference Saturday, October 9, 1999 at German's Villa in Vermilion, Ohio. Dinner tickets are now available. Ticket price is \$12.; Registration ends Friday, September 24, 1999. 50/50 Raffle tickets are available (see home group members) For more information contact:

Teresa St. Clair-Weaver 323.9648
Elba Rivera 323.3353
Donna McCauley 288.3495



- 1) Pg 140 abnormal actions/deviations from the proper or expected course
- 2) Pg lx(stories 254,343,358) used in making beer, ale, and whiskey "John ___"
- 3) Pg xx,48 putting up with/patiently without protest or reaction
- 4) Pg xxvii,181 sobriety/choosing not to drink alcoholic beverages/self-denial
- 5) Pg 60 compliance/carrying out steadily and faithfully without deviation
- 6) A chronic mental, physical & spiritual disorder associated with excessive and compulsive drinking
- 7) Pg 69,89,146 stir/awaken/create/provoke/inflame/cause to be active
- 8) Pg 53,178 qualities/qualities or characteristics of something or someone
- 9) Pg xix,564 independent/not subject to the rule or control of others
- 10) Pg 181 seem necessary for / to be necessary, proper, or gainful for
- 11) Pg 124 serious/grave/dire/causing grief, pain, or anguish
- 12) Pg 32 disgraced/lowered in status, pride, or self esteem
- 13) Pg 75, 139 telling/explaining/exposing (75)/enlightening (139)
- 14) Pg 4 perfect / flawless / faultless / immaculate / exquisite
- 15) Pg 83 continually/continuing or following without rest or interruption
- 16) Pg 108 being unable to get along together comfortably
- 17) Pg 98 contradictory/conflicting/irregular/in conflict/contrary
- 18) Pg 9,46 unexplainable/cannot be explained or made sense of
- 19) Pg 137 interference/coming in or between so as to hinder or change
- 20) Pg 50,103,120,135,160 a lack of open mindedness, good will, patience, for the beliefs or practices of others
- 21) Pg (xxvi,xxviii) indication/(64)appearances/qualities/(130)demonstrations /the features or results of something
- 22) Pg 84 develop/come into existence

Central Office Notes

The Lorain County Central Office of Alcoholics Anonymous is located at 577 Broadway in downtown Lorain. The office will be open from 9AM until 5PM weekdays. The phone number is 246.1800. Please send all donations for the Central Office to: P.O. Box 563, Lorain, OH 44052

Central Office Meeting

The next Central Office meeting will be on Sunday, September 12th, 12:30 PM at the Central Office. All are welcome to attend.
August Central Office 50/50 Raffle winner: Bea H..

Advisory Board Meeting

The next Advisory Board meeting will be held Tuesday, September 21th.

GSR & DCM Meeting

District 19A, 19B, and District 20 hold a combined meeting at St. Mary's Church, 4th Street & Middle Ave. Elyria, Ohio. Meetings will be the 4th Sunday of each month at 2 PM.

Area 54 G.S.R. Third Legacy Meeting

3rd Sunday of each month 2Pm until 5PM at the 12 Step Recovery Club, 1480 Pearl Road, Brunswick, OH (Brunswick Plaza) 330.273.7216. 1/4 mile south of SR 303 on SR 42. All are welcome to attend.

Newsletter Update

Beginning in July 1999 the Unity LiveWire will be available at Central Office on the 1st of each month. Also, the LiveWire will be available by mail beginning in October. Subscriptions will be \$6 per year; this is to cover the cost of postage and labeling. If you would like the LiveWire delivered please contact a Livewire staff member or leave a message at Central Office.

We encourage individuals and groups to participate in the sharing of ideas, personal insights, humor, and information in the Livewire. The attached calendar will include upcoming events, speakers, meeting anniversaries, and any pertinent dates.

Any news, events, or dates can be dropped off at the Central Office by the Monday before the 1st of each month. Phone calls will be accepted. You may call the office or one of the Unity LiveWire committee members listed or E-mail Donna or Don.

We value your input.

Phone Line Report

12 Step	17	Sponsorship.....	02
Al-A-Non	10	Meeting Info.....	48
General Info	42	Total	119

THE NEW YORK TIMES BOOK
REVIEW, June 25, 1939.

Alcoholic Experience
Alcoholics Anonymous

400 pp. New York, Works Publishing—
Company. \$3.50

By Percy Hutchison

LEST this title should arouse the risible in any reader let me state that the general thesis of "Alcoholics Anonymous" is more soundly based psychologically than any other treatment of the subject I have ever come upon. And it is a subject not to be neglected, for, in respect of whether we live under repeal or prohibition there will be alcoholic addicts, precisely as there are drug addicts. It is useless to argue that under one legal conditions or another the number will be less or more. When populations are to be reckoned in the millions, fractions cease to count. Under prohibition alcohol will be manufactured and bootlegged, as it was during our late "noble experiment" precisely as narcotics are today smuggled and bootlegged. It is, consequently, the individual only who has to be considered, not the problem of supply and dissemination. "Alcoholics Anonymous" is unlike any other book ever before published. No reviewer can say how many have contributed to its pages. But the list of writers would include addicts and doctors, psychiatrists and clergymen. Yet it is not a book of personal experience, except in a limited sense, any more than it is a book of rules and precepts. Whether the author of any given chapter can be physician or addict, the argument comes back to a single fundamental; and that is that the patient is unable to master the situation solely through what is termed "will power" or volition. One contributor, who thought he had "got by" on a diet of milk, one day said to himself that he could safely add a little whiskey to his lacteal nourishment. He did, and then a little more, and a little more. In the end he was back to the sanitarium. His "will" was operating one-hundred per cent; yet there was a fallacy somewhere. It is to root out this fallacy and supplant it that this book has been compiled.

The present reviewer, since this is no ordinary publication believes it only fair that he should state that at one time he advanced fairly deeply into the field of psychology. And he is free to state that the entire superstructure of "Alcoholics Anonymous" is based on psychology of volition that he himself once advanced, but which was never universally acceded to. And that is what we glibly call "will" and usefully so in general practice, should for scientific accuracy be reduced to more elemental terms and, such an effort made, what results? Just this. That volition, "will power" tracked to its source, is the automatic and irrefutable working of a dominating idea. Consider Napoleon, the man of indomitable will. What does it, in the final psychological analysis, come down to? It comes down to the fact that so exclusively did Napoleon's mind contain the idea that he was the man of destiny that there was no room for any other idea, so that every act, every "willed" action was the unconscious result of, flowed from that idea.

Here then, is the key to "Alcoholics Anonymous," the great and indisputable lesson this extraordinary book would convey. The alcoholic addict, and why not change, should it seem we have become too intense, to "the drug addict," cannot, by any effort of what he calls his "will," insure himself against taking his next "first dose." We saw how the chap with his whisky in milk missed out. There is one way for our authors, and but one way. The utter suffusion of the mind by an idea, which shall exclude any idea of alcohol or of drugs. Better, let us say that usurpation of the entire ideational tract by this idea. The idea itself may be, perhaps, trivial. Such as: I do not like alcoholic drinks. In fact, my stomach revolts at their mention those who appear most to dominate these pages apparently would not subscribe to so simple a formula as I have proposed but, my point is that it might be sufficient; and I base this on the book itself, provided only that said thesis flood, so to speak, the entire ideational tract.

continued →

Yet, would that be possible? Or possible for long? That is the question. And, as a matter of fact, these several authors give it short shrift. I have myself advanced it solely to exhibit the stark psychological trail we have walked. The thesis of this book is, if we read it right, that this all-embracing and all commanding idea must be religious. Yet here again should the reader pause, for the writers are talking of what William James called "Varieties of Religious Experience" rather than matters of individual faith. There is no suggestion advanced in the book that an addict should embrace one faith rather than another he may fall back upon "A Power which makes for righteousness" if he choose. The point of the book is that he is unlikely to win through unless he flood his mind with the idea of a force outside himself. So doing, his individual problem resolves into thin air. In last analysis, it is the resigning word: Not my will, but *Thine*, be done, said in full knowledge of the fact that the decision will be against further addiction. Most readers will pass this book by. Yet of such a majority many might not be amiss in turning its pages. There, but for the grace of God, goes... a few will reach for it furtively. It is a strange book. The argument, as we have said, has a deep psychological foundation.

This article & review of the "Alcoholics Anonymous" big book written in 1939 was sent to me via E-mail and I thought I would pass it on. There has been some controversy over its exact published date. Now the true date is verified, as this was taken from the micro-film library.

Ham On Wry

A ONE-DOLLAR BILL met a twenty-dollar bill and said, "Hey, where have you been lately?" The twenty answered, "I was on a cruise ship for a while and hung out in the casinos, then I came back to the States and flew out to L.A., went to a couple of baseball games, out to dinner, took in some of the new movies, that sort of thing. How about you?"

The one-dollar bill said, "Oh, you know, the same old thing — meetings, meetings, meetings."

Reprinted from the Grapevine September 1999 issue

Central Office: Notes & News

Central Office is in need of evening volunteers to answer phones. When a suffering alcoholic makes that call and he or she hears a human voice that knows exactly what they are talking about they just might find some hope after all. (You have to give it away to keep it.)

Share your sobriety and volunteer for a few hours one day a week or have a group conscious meeting with your home group and rotate home group members for one evening of answering calls.

Central Office needs to update the 12th Step call list, however the office ran into a problem.

Got a DUI, Got Published, & Got Sober

After yet another relapse, I was wondering how I was ever going to quit drinking, again.

At that time I was reading the "Rolling Stone" magazine and saw an ad for a poetry contest. These are the words that flowed through my head... I wrote it and stuck it in an envelope and mailed it.

Fall of Me

*Sliding into misty waters
under the surface I see*

*Watery eyes without a purpose
how I long to be free*

*Mysterious, magical, mountaintops
above a shiny sea*

*Clouded dreams and blackened sunsets
this is all of me*

*Climbing, falling, dying, crawling
this is all of me...*

Since that day I got a DUI, got published, got sober, and have been working on building a good foundation with my sponsor and the fellowship of AA. This was my gift from the program of Alcoholics Anonymous. Thank You!

Angie N. Oberlin, OH