

September

Unity LiveWire

2010

"Easy Does It"

• area54.org •
aaloraincounty.org

710 Broadway Avenue Lorain, Ohio 44052

Monday-Friday 9AM-5PM Phone 440 246-1800
Lorain Inter-Group Central Office email address: lorainaa@live.com

"First Things First"

• aa.org •
aaloraincounty.org

Made direct amends to such people wherever possible, except when to do so would injure them or others.

The making of amends needs to be approached cautiously by codependent people. There are three things amends are or can be. There is one thing they definitely should not be.

Amends can be these things:

1. Sincere efforts to offer apology for past harm.
2. Wonderful bridge-builders for more positive future relationships.
3. Effective agents for removing the tremendous weight of guilt, shame, and remorse.

The one thing amends should never be, though, are installment payments on false guilt or false shame... of discretion regarding to whom we will make amends and when this should happen...

- Serenity, A Companion for Twelve Step Recovery, p. 62, 63

We will need to have the proper attitude as we approach this step. First, it is good to have forgiven both ourselves and the people we injured, regardless of anything they might have done to retaliate. We will not succeed in resolving the conflict if we are still angry and defensive.

Second, we need to have a good idea going into the encounter about what we want to say and accomplish. Most importantly we want to make sure we state our apology without assigning any blame to the ones we injured. We must act responsibly as we make our confession and attempt amends, having thought through all the possible consequences so that we will not be caught off guard and be provoked to anger. A rehearsal with a sponsor, therapist, or friend may help prepare us.

We need to be open to any response we get from people we've injured, and be ready to accept their response without becoming angry. We are not there to manipulate them into forgiving us. In order to have this come off smoothly, we should make every effort to purge our bad feelings toward the person or incident before we meet to speak. This will help us resist the temptation to point out to them what we felt they did to provoke us. We are only there to talk about our own behavior.

It is also a good idea not to take the other person by surprise. They have a right to know that you intend to make amends. They have a right to refuse to let you do this at this time... You can leave an open invitation to talk whenever and wherever they might feel comfortable at some time in the future.

- The Twelve Step Journal, by Claudette Wassil-Grimm, p. 224-225

When we make amends we are simply telling the person we harmed the truth about our actions as we now see it, trusting that the healing, the self-acceptance, and the serenity we will gain is worth the rejection we may encounter. We are trusting that God and our fellow seekers in this way can do more to bring us to happiness and intimacy than any negative opinion could hurt us. Although this risking of open rejection by those to whom we make amends is frightening, we have the experience of thousands of people who have taken this step before us to encourage and strengthen us as we go. After making amends to all the people we listed in Step Eight, we begin to experience the "promises of the program"...

Doing Step Nine correctly also takes courage, prudence, good judgment, and a careful sense of timing. If you are just coming into the Twelve Steps as you read this, remember that you're not ready to do Step Nine yet. You've got eight steps to walk through first. By the time you get to this point you may be amazed at the way you have become ready to trust God and do Step Nine....

- A Hunger for Healing, by Keith Miller, p. 148

As you can see, this will be a lengthy, difficult, soul-searching process that requires creativity and courage. Your guides can be important here. By reviewing your process as you go along, they can help you stay in reality. Maybe they will have different reactions to the events than you have, or perhaps they will challenge your intentions or suggest alternative actions. Remember, these amends do not have to be done all at once. You deserve time to think and feel the process through. Again, gentleness is your goal.

- A Gentle Path Through the Twelve Steps, by Patrick Carnes, p. 161

Friday Nite
Haven
7:00 PM
 Haven Center
 1536 E. 30th St.,
 Lorain
 3rd. Dell M.
 10th. Colleen M.
 17th. Shawn M.
 24th. James M.

TRUST GOD

Monday Night
Lorain
7:30 PM
 1741 N Ridge Rd.
 Zion Lutheran
 Church
 5100 Ashland Ave.
 6th. Amy B.
 13th. James T.
 20th. Lois R.
 27th. Pat F.

Wednesday
New Way of
Life
8:00 PM
 Pilgrim Church
 210 Cooper Foster
 Park Rd.,
 1st. Rita M.
 8th. Brad W.
 15th. Steve R.
 22nd. Sean M.
 29th. Roberta L.

Sun.
Harbourtown
Breakfast
Food: 8:30 AM
Speaker: 10:00 AM
 Methodist Youth
 Center
 South St.,
 Birmingham
 5th. Vicki T.
 12th. Ryan S.
 (anniv. lead)
 19th. Chris Burns
 26th. Charlie Pitts

Fri. Night
Faith Group
11:00 PM
 1741 N Ridge Rd.
 3rd. Jimmy
 10th. Discussion
 17th. Sober
Alcoholic
 24th. Discussion

• September
 Anniversary •
 3rd Amy B. 6 yrs.
 3rd Velda R. 4 yrs.
 5th Mary Ann S. 8 yrs.
 5th Katie Ings 15 yrs.
 8th Karen Cole 25 yrs.
 9th Deborah B. 23 yrs.
 10th Elba R. 19 yrs.
 11th James T. 11 yrs.
 12th Frank B. 3 yrs.
 17th Lois R. 7 yrs.
 25th Naaman T. 22 yrs.
 25th Doc 25 yrs.

Midnight Elyria
Group
12:00 AM
 St. Mary's Church
 4th & Middle Ave.
 4th. Jack W.
 11th. Diane B.
 18th. Kingsbury G.
 25th. Tommy S.

St. Agnes
Thursday Night
8:00 PM
 St. John's Lutheran
 Church
 1140 W. River Road,
 Elyria
 2nd. Tom M.
 9th. Sober
Alcoholic
 16th. Leeann
 23rd. Pat
 30th. Chrissy

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G.S.R./D.C.M. Meeting: The Multi-District meeting is held at 11 AM on the 1st. Sunday of the month. This meeting is for the General Service Rep's. (G.S.R.) of each Group and the District Committee Member's (D.C.M.). If you want to learn more about service attend this meeting.

The Lorain Inter-Group Meeting is the 1st. Sunday of the month at 12:30 PM. It is very Important that all the Secretaries of each Group attend this meeting. We urge your Attendance (Be Informed, Be Active)

Advisory Board Meeting: The meeting will be held at 6:30 PM on the 3rd. Wednesday of the month, at the Inter-Group Office.

Lorain Inter-Group 50/50 Raffle
 Lorain Inter-Group 50/50 Raffle. Just another way that you can Help support the Lorain Inter-Group. Buy a TICKET . Be A Winner.

Thought for the month: The program has helped me grow up enough to be a kid again.

Step 9: Made direct amends to such people wherever possible, except when to do so would injure them or others.

Promise 9: Our whole attitude and outlook upon life will change.

Tradition 9: AA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

Concepts 9: Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.

Thought to Consider . . .
 I never imagined that the greatest achievement of my life would be peace of mind.

Beginning on September 4 at the Intergroup Office: Never Too Young (6:30) and Serenity Hall (8:30) are merging to create Saturday Serenity at 7:30 pm.

Since there are no rules in A.A. I place myself where I want to be, and so I choose anonymity. I want my God to use me, humbly, as one of His tools in this program. Sacrifice is the art of giving of myself freely, allowing humility to replace my ego. With sobriety, I suppress that urge to cry out to the world, "I am a member of A.A." and I experience inner joy and peace. I let people see the changes in me and hope they will ask what happened to me. I place the principles of spirituality ahead of judging, fault-finding, and criticism. I want love and caring in my group, so I can grow.

*To submit information for the news letter please contact: Vicki T. 440 225-1314, Jim Parks 440 385-5687, Bobbi Matear 440 537-4280, Opal A. 440 670-6619, Donna L. 440 574-3464, Amy D. 440 714-7444, via: Call, email or leave the information at the Inter-Group Office before the 25th. of each month.

I alone can do it. But I can't do it alone.

Recovering Souls Family Picnic

Saturday, September 18, 2010

1-6 pm

St. Lads Picnic Grounds

4221 Clinton Ave, Lorain

Plenty of food, games and friends

Adults \$10

Ages 13-18: \$8

Ages 6-12: \$5

Ages 5 and under free

50/50, Quick 50's, Chinese Raffle

Proceeds benefit the Haven Center in Lorain

Please come out and support

*Faith is not
belief without
proof;
it's trust
without
reservation.*



Elyria Sun. Night

Annual Steak Fry

St. Jude's Picnic Pavilion

594 Poplar St.

Elyria, Ohio

Sunday, Sept. 19

1:00 p.m. to 4:00 p.m.

Meal includes:

steak, salad, potato, corn
on the cob, dinner roll,
coffee, dessert, and lots of
fellowship.

\$12.00 per person

(soft drinks- \$.50)

Proceeds to benefit the
Children's Christmas Party

Survivors List:

*Groups in need of
Support to stay afloat . Please
Attend, Contribute,
Be Active, Help Chair,
Be a Secretary,
Be Responsible*

Tuesday Night Haven

7:00 p.m.

Haven Center

1536 E. 30th Street, Lorain

Friday Nite Haven

7:00 p.m.

Haven Center

1536 E. 30th St., Lorain

Sat. Young Person's Group

Sat. 2:00 PM

Arid Club, 1741 N. Ridge
Rd.,

Sheffield Township

Midnight Elyria Group

12:00 AM

St. Mary's Church
4th & Middle Ave.

Great Fact Group

Wed. 12:00 pm

Pilgrim Church

We Need Your Help!!

Don't let them Close

HELP SUPPORT

THE GROUPS.

****35th. Anniversary****

Midnight Elyria Group

Sat. 12:00 AM

St Mary's Church

4th & Middle Ave.

September 18th

Lead:@ 12:00 AM

Kingsbury G.

Door Prizes, 50/50,

Chinese Raffle

Fellowship

Covered Dish Appreciated

There is always
Space
Available in
The LiveWire
for your Group's
Messages, News,
Activities &
Anniversaries
Contact:
Vicki T.
440 225-1314

Annual Key Brunch

17 Years of Opening Women's Hearts to the Gift of Sobriety

Saturday September 25th

10:00 am to 1:00 pm

DeLuca's Place in the Park

6075 Middle Ridge Rd.

Lorain

50/50 raffle and themed basket
raffle

Tickets are \$15 and can be
bought from any Key staff

member or by calling

Stacey (440)387-9178 or

Kirstin (440)452-3506



2010 Memorial Day Breakfast

Tickets sold (365 X \$9.00) \$3,285.00

50/50 Raffle \$667.00

Total Proceeds \$3,952.00

Expenses

Breakfasts (370 X \$8.00) \$2,960.00

Hall Rental (Paid In May 2009) \$300.00

Plaque for Lead \$40.00

Printing of 400 Tickets \$54.00

Printing of 400 Programs \$69.00

Big Books for Gifts to New Members \$29.00

Total Expenses \$3,452.00

Total Gain Memorial Day Breakfast \$500.00

Donation Made in June 2010

Deposit for 2011 Memorial Day \$300.00

Breakfast (Paid in June 2010)

For information on Cocaine Anonymous,
Narcotics Anonymous or Al-Anon
meetings, please contact the Intergroup
office at 440-246-1800.



Come Celebrate With Us ***52nd Anniversary***

Birmingham Sunday Night

Twilight Group

Sunday, Sept. 19, 2010

Methodist Youth Center

South St., Birmingham

6:30 Dinner

7:30 Lead

Lead: Larry Nagy

Covered Dish Appreciated

Phone Line Report:

Month of August, 2010

12 Step Calls.....	6
Sponsorship.....	4
Al-A-Non.....	4
Meeting Info.....	90
General Info.....	59
Phone Service.....	87

Total:.....250..

Service Through Actions!!!

ATTENTION: Lorain County A.A. Community - help needed on various Committees! If interested, please contact one of the Advisory Board Members and VOLUNTEER!!!! Help Make A Difference!!

Committee Chairs

Unity LiveWire Committee

Vicki Tomlinson..... 440 225-1314
 *e mail vickitom@oh.rr.com
 Jim Parks.....440 385-5687
 *e mail jbparks2542@yahoo.com

Internet Committee (aaloraincounty.org)

Mike.....440 670-9910
 e mail webmaster@aaloraincounty.org

Cooperation with the Professionals Committee

Alan Revercomb440 541-2473

Correctional Committee

Alan Revercomb440 541-2473

Archives Committee

Linda S.440 245-2928

Young Peoples Committee

John Flores.....440 308-5421

Picnic Committee

Art C.....440 773-9474
 Sue Koons.....440 309-0491

Treatment Facilities Committee

Chairperson needed NEED VOLUNTEERS

Pig Roast Committee

Troy Smith.....440 365-9018

Memorial Day Breakfast Committee

Donna Lawson.....440 574-3464

Grapevine Committee

Linda S.440 245-2928
 Coretta Farley440 308-1714

District Committee

District 19A (Sheffield Lake, Avon Lake, Sheffield, Avon, N. Ridgeville, Eaton, Columbia, Grafton DCM Ellen Winson.440 327-8812

**District 19B (Lorain City Meetings and some in Vermilion)
 DCM. Yolanda A.440 541-1671**

**District 20A (All of Elyria City Meetings a Carlisle)
 DCM. Judy Sexton.440 322-2619
 Alt. DCM Patty McMullen.....440 365-3778**

**District 20B (All Meetings at ARID Club)
 DCM. Debbie McConnell.....440 277-0162**

**District 20C(LaGrange, Penfield, Brownhelm Tnsp., Amherst, Henrietta Tnsp., S. Amherst, Kipton, Oberlin, Camden Tnsp., Pittsfield Tnsp., BrightonTnsp., Wellington Meetings)
 DCM. Patti Rodgers440-284-6677
 Alt DCM Donna Lawson.....440 574-3464**

Financial Report

Listed below are the Profit & Loss spread sheet, the group donations and the rents for the Month of July, 2010.

Expenses

1.Rent	\$650.00
2.Columbia Gas	\$21.35
3. All Service Telecommunications	\$152.03
4.Ohio Edison 710 Broadway	\$229.52
5. Time Warner	\$90.89
6. House Managers	\$1,576.25
7.Pay Cor Fees	\$64.29
8.Live Wire Printing	\$69.00
9. Berry Yellow Pages	\$20.05
10. Donation to The General Services Office in New York	\$1,000.00

Donations/Rents

By Week

1.....	\$392.60
2.....	\$726.62
3.....	\$1,536.25
4.....	\$718.61
5.....	\$336.51
	<hr/>
	\$3,710.59

Month of July 2010

\$3,873.38

Donations/Rents	\$3,710.59
Coca Cola Sales	\$53.43
Total Income	\$3,764.02
Expenses	\$3,873.38

Total Loss July, 2010 (\$109.36)

Friends of Bill W Picnic \$772.00
 Donation
 Total July 2010 Gain \$662.64

Rents:

Month of July, 2010

1. Blue Monday
2. Friday Morning Survivor
3. Lorain Consolidated
4. Mid Week Morning discussion
5. Monday Happy Hour
6. Sharing Our Sobriety
7. Spanish American
8. Strength in Sobriety
9. Unity Hall Discussion
10. We Care Tuesday

When making Donations to the Lorain Inter-Group, Area 54, Multi-District, or the General Service Office in New York. PLEASE put your Groups General Service number on the Donation. You can find your Groups General Service number in the meeting schedule or on the internet at aaloraincounty.org under A.A. Meetings. Please put your Area & District numbers on the donation, it also helps to identify your Group. If you don't have a General Service number under your Groups information in the meeting schedule you can contact your District Committee person listed in the LiveWire to help you get registered.

Donations

- | | |
|------------------------------------|---------------------------------------|
| 1. Amherst Saturday Night | 15. Friday Night Sobriety |
| 2. Amherst Thursday | 16. LaPorte Tuesday Group |
| 3. Amherst Who Me | 17. LCCC After Lunch Bunch Discussion |
| 4. Anonymous | 18. Lorain Inter-Group 50/50 Raffle |
| 5. Back To Basics Discussion | 19. Mid Week Morning discussion |
| 6. Blue Monday | 20. Monday Morning Live Discussion |
| 7. Compass Group | 21. Monday Night Lorain |
| 8. Elyria Friday Night | 22. New London Campout |
| 9. Elyria Monday Closed Discussion | 23. Oberlin Breakfast Group |
| 10. Elyria Sunday Night Group | 24. Oberlin Group |
| 11. Elyria Women's Discussion | 25. Sheffield Lake Civic Center Group |
| 12. Friday AM Discussion | 26. Strength in Sobriety |
| 13. Friday Free For All | 27. Tuesday Morning Discussion |
| 14. Friday Morning Survivor | 28. Vermilion Tuesday Night Group |

Board Of Directors

Chairperson	Troy Smith.....365-9018
Vice-Chairperson	Ken Cain..... 322-2496
Treasurer	Bill Post.....933-4153
Secretary	Mark Potter.....452-5946
Office Managers	Sam Hensley.....288-4942
	Tom Niemiec.....258-7286
	Keith Shagie.....258-1159

Advisory Board Members

Tom Ortiz.....	315-8600
Bill Jackson.....	935-3251
Nikki Lustek.....	409-2136
Donna Lawson	574-3464
Alan Revercomb.....	541-2473
Vicki Tomlinson.....	225-1314
Greg Hayes.....	371-3835
Rich Yowler.....	477-1019