

AA Unity LiveWire AA

577 Broadway Avenue Lorain, Ohio 44052

May

Monday-Friday 9AM-5PM

2007

Phone 440 246-1800

"Easy Does It"

aaloraincounty.org

"First Things First"

A.A. GROUP INVENTORY:

Many groups periodically hold a "group inventory meeting" to evaluate how well they are fulfilling their primary purpose: to help alcoholics recover through A.A.'s suggested Twelve Steps of recovery. Some groups take inventory by examining our Twelve Traditions, one at a time, to determine how well they are living up to these principles.

The following questions, compiled from A.A. shared experience, may be useful in arriving at an informed group conscience. Groups will probably wish to add questions of their own:

1. What is the basic purpose of our group?
2. What more can our group do to carry the message?
3. Is our group attracting alcoholics from different backgrounds? Are we seeing a good cross-section of our community, including those with special needs?
4. Do new members stick with us, or does the turnover seem excessive? If so, why? What can we as a group do to retain members?
5. Do we emphasize the importance of sponsorship? How effectively? How can we do it better?
6. Are we careful to preserve the anonymity of our group members and other A.A.s outside the meeting rooms? Do we also leave what they share at meetings behind?
7. Does our group emphasize to all members the value of keeping up with the kitchen, set-up, cleanup and other housekeeping chores that are essential for our Twelve Step efforts?
8. Are all members given the opportunity to speak at meetings and to participate in other group activities?
9. Mindful that holding office is a great responsibility not to be viewed as the outcome of a popularity contest, are we choosing our officers with care?
10. Are we doing all we can to provide an attractive and accessible meeting place?
11. Does our group do its fair share toward participating in the purpose of A.A. - as it relates to our Three Legacies of Recovery, Unity, and Service.
12. What has our group done lately to bring the A.A. message to the attention of professionals in the community - the physicians, clergy, court officials, educators, and others who are often the first to see alcoholics in need of help?
13. How is our group fulfilling its responsibility to the Seventh Tradition?

If your group has never taken an inventory, don't you think this would be a good time to take it?

A MEMBER SHARES Isolation

Hi everyone, I'm Sharon and I'm an alcoholic. When I was first coming around to meetings I'd always hear slogans like, "Your head is like an unsafe neighborhood; don't go there alone." I had a lot of trouble with Step Two in admitting I was insane in many ways. Now that I am eleven years sober, I see the difference between much-needed solitude and isolating. When I isolate, I stay away from meetings, don't use the phone to talk to my AA friends, stop reading literature, praying, etc. I cut myself off from what the Eleventh Step so beautifully calls "The Sunlight of the Spirit." And after a while, I start to feel really creepy and crazy. My low self-esteem returns, I think about self-destructive behavior, I get really cranky and irritable. Then I make myself go to a meeting and the relief is immediate and I kick myself for having stayed away. Alcoholism really is a disease of the mind, body and spirit. When I'm out of touch with the program, I'm out of my mind! Thanks for listening.

May One Day At A Time 2007

**Mon. Night
Lorain
7:30 PM**

Zion Lutheran Church
5100 Ashland Ave.
Lorain (NS)

**7th. Jennifer F.
14th. Jeff W.
21st. Steve S.
28th. Clarence G.**

**Grafton
Wed. Night
8:30 PM**

Grafton Fire Station
1050 Novak Rd.
2nd. Joyce T.

**9th. Jennifer M.
16th. Sue M.
23rd. Bill M.
30th. Shawn**

**Fri. Night
Faith Group
11:00 PM**

1741 N Ridge Rd.
Sheffield(NS)

**4th. Steve R.
11th. Ask it Basket
18th. Katie B.
25th. Disc.**

The Lorain Central Office Meeting is the **1st. Sunday** of the month at **12:30 PM**. It is very **Important** that all the **Secretaries** of each **Group** attend this meeting. **We urge your Attendance** (Be Informed, Get Active) (**June 3rd., 2007**)

Advisory Board Meeting: The meeting will be held at 6:30 PM on the **3rd. Thursday** of the month, at the **Central Office.** (**May 17th., 2007**)

G.S.R./D.C.M. Meeting: The Multi-District meeting is held at **11 AM** on the **1st Sunday** of the month. This meeting is for the General Service Rep's. (**G.S.R.**) of each Group and the District Committee Member's (**D.C.M.**). If you want to learn more about service attend this meeting. (**June 3rd., 2007**)

We **NEED** people to answer the phones at the Central Office on Friday, Saturday, Sunday if you have at least one year of sobriety please call the Central Office at 440 246-1800 to volunteer.

When I change what I believe, I change what I do.

Let go of Resentments:

Resentments are sneaky, tricky little things. They can convince us they're justified. They can dry up our hearts. They can sabotage our happiness. They can sabotage love.

Most of us have been at the receiving end of an injustice at some time in our lives. Most of us know someone who's complained of an injustice we've done to him or her. Life can be a breeding ground fro resentments, if we let it. "Yes, but this time I really was wronged," we complain.

Maybe you were. But harboring resentment isn't the solution. If it were, our resentment list would resemble the Los Angeles telephone directory. Deal with your feelings. Learn whatever lesson is at hand. Then let the feelings go. Resentments are a coping behavior, a tool of someone setting for survival in life. They're a form or revenge. The problem is, no matter whom we're resenting, the anger is ultimately directed against ourselves.

Take a moment. Search your heart. Have you tricked yourself into harboring resentment? If you have, take another moment and let that resentment go.

Step 5: Admitted to God, to ourselves and to another human being the exact nature of our wrong.

Promise 5: No matter how far down the scale we have gone, we will see how our experience can benefit others.

Tradition 5: Each group has but one primary purpose - to carry its message to the alcoholic who still suffers.

Concepts 5: Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

**Spanish
American
Fri.8:30 PM**

St. Ladisiaus
1412 29th St.

**4th. Sandra
11th. John
From Louisville
18th. Sober AA
25th. Aileen
From Louisville**

**Amherst Sat.
Group
8:00 PM**

Church of the Nazarene
210 Cooper-Foster Rd.
Amherst (NS)

**5th. Jerry F.
12th. George C.
19th. Perry B.
26th. Bob P.**

**Mid- Night
Elyria Group
Sat. 12:00 PM**

St Mary's Church
4th & Middle Ave.
Elyria (NS)

**5th. Larry C.
12th. Frank T.
19th. Sylvester H.
26th. Ask it Basket**

• List Your •
Group
Anniversaries
Leads
Special Events
Make the
LiveWire
your News
Media

**Oberlin
Breakfast
Sun. 10:00 AM**

Concord Manor
95 E. Vine St.
Oberlin (NS)

**6th. Disc.
13th Mike K.
20th Aimee G.
27th. George P.**

**May
13th.
Mother's
Day**

In Memory:

Bill "The Don" Close of Rocky River, a long-time AA member of 37 years passed away at the age of 86. Bill will be missed by family , friends and the Fellowship of AA.

H O W = Honesty, Open-mindedness, Willingness.

Prayer for the Day: I pray that I may gladly serve others out of deep gratitude for what I have received. I pray that I may keep a deep sense of Obligation to the Program that changed my life.

Lorain Central Office 50/50 Raffle Winner: Ray R. \$81.00, Sold by Sam H.. Just another way you can Help support the Central Office. Buy a **Ticket** from any Advisory Board Member.

UNSELFISHNESS

PURITY

LOVE

Memorial Day Breakfast

Monday, May 28, 2005

Breakfast at 9:00AM Lead at 10:00AM

Speaker

Charlie Pitts

German's Villa

3330 Liberty Ave.(Rt.6) Vermilion, Ohio

Between Rt.60 & Baumhart Road

Donation \$9.00

For Tickets Call:

Any Advisory Board Member

No Children Please

A A = Achieve Anything.

Elyria Sunday Night Group

St. Jude's

Breakfast in the Park

Join us at

Cascade Park in Elyria

West River Road Entrance

9:00 Breakfast

10:00 Lead

Dates:

May 20

June 17

July 15

Aug. 19

Breakfast includes:

Scrambled eggs,

*hash brown potatoes,
bacon, sausage, toast, juice,
and coffee.*

Breakfast Cost: \$3.00

Celebrate!!

Founders' Day

72nd. Anniversary of Alcoholics

Anonymous

June 8 • 9 • 10, 2007

Akron, OH Birthplace of A.A.

Cost: \$15.00

25th ANNUAL NEW LONDON CAMPOUT

In Memory of Morris C. and John O.

**When: Thurs. June 21st through
Sun. June 24th, 2007**

**Where: New London Recreation
Park, New London, Ohio**

Grove Street (off State Rt. 60)

• AA Leads and Meetings •

Old Timers Panel

• 50/50 Raffles •

(All WeekEnd Fun & AA.)

Sat. 3:00 P.M. Pot Luck Dinner

• Bring your favorite dish •

Cost: \$12.00 per unit, per night

For More Info. Call:

• Bas and Judy E. 419-929-0054

• Mary O. 419-668-4122

• Pat M. 440-949-1079

Area 54 Open House Picnic!!

Sunday June 24th.

Time: 10AM till?

Lead: 5:00PM

Dan F., Bedford, OH

Waddell Park in

Niles, OH

(Large Pavilion on McRoberts Rd.)

Meat & Beverages Provided

Please bring a covered dish to share

• Swimming •

Games • Fellowship

Bowling for Recovery

(Lake Erie Addiction Foundation, Inc.)

Annual Event

Cost \$20.00

(per person, 5 people per lane)

Sunday May 6, 2007

Bowling at 2:00pm Sharp

Rebman Recreation

5300 Oberlin Ave.

Lorain, OH.

Lots of Raffles & Door Prizes

Call for Tickets & Info. ASAP:

Jeff 440 320-8233

Corrections Volunteer

Training Workshop

Saturday, May 5, 2007

From 1 to 4 PM

Serenity Social Club

4821 Turney Road

Garfield Heights

This workshop is designed to educate and train interested AA members for work in the prison and jails in the area. You may volunteer by taking meetings into prisons, writing letters to inmates upon their request, or helping out on the Committee.

**QUESTIONS? – Please call
Bill Stevens at (216) 387-0135**

Dance/Karaoke Night!!!

Arid Fellowship Center
1741 North Ridge Road

Sat. May 12th.

8PM until ?

Provided by:

HD Entertainment CO.

Come and Share

Fun & Fellowship

Cost: Couples \$8.00

Singles \$5.00

Children \$2.00

For More Info:

440 233-4801

**H
O
N
E
S
T
Y**

• April Anniversaries •

9th. Steve Richardson 2yrs.

11th. Judy Sexton 20yrs.

19th. Pat Chavez 11yrs.

• May Anniversaries •

1st. Mykki 4yrs.

2nd. Spudd 11yrs.

2nd. Jennifer Fazekas. 1yrs.

5th. Jeff Wikel 5yrs.

11th. Bill Findley 43yrs.

31st. Paul Benson 32yrs.

Committee Chairs

Unity LiveWire

Russ Walker.....327-1308
 *e mail russ8859@aol.com
 Jim Parks.....385-5687
 *e mail parksphoto@adelphia.net

WebMaster (aaloraincounty.org)

Mike Smeck.....522-2163
 e mail WebMaster@aaloraincounty.org

Archives Committee

Kevin Sexton.....323-9217
 e mail bigbook@alltel.net

Schools

Ellen B.....322-5306
 e mail irishmimil@comcast.net

Correctional Committee

Russ Walker.....327-1308
 e mail russ8859@aol.com
 Maureen Leach.....967-6305
 Coretta Farley.....308-1714

District Committee

District #19a (Sheffield Lake, Avon Lake, Sheffield, Avon, N. Ridgeville, Eaton, Columbia, Grafton Meetings)

DCM.Russ Walker.....327-1308
 e mail russ8859@aol.com

District #19b (Lorain City Meetings and some in Vermilion)

DCM. Craig Warren.....989-2786
 Alt. Edwin Tories.....989-0362

District #20a Vacant. (All of Elyria City Meetings a Carlisle)

DCM.Judy Sexton.....322-2619

District #20b (All Meetings at ARID Club)

DCM.Judy Sexton.....322-2619
 Alt.Marilyn Oliver.....284-9834

District #20c (LaGrange, Penfield, Brownhelm Tnsp., Amherst, Henrietta Tnsp., S. Amherst, Kipton, Oberlin, Camden Tnsp., Pittsfield Tnsp., Brighton Tnsp., Wellington Meetings)

DCM.Donna Lawson.....574-3464

Board Of Directors

Chairperson Tom Ortiz.....315-8600
 Vice-Chairperson Troy Smith.....365-9018
 Treasurer Bill Post.....933-4153
 Secretary Donna Lawson.....574-3464
 Office Managers George Schmidt.....288-8935
 Sam Hensley.....288-4942

Advisory Board Members

Tom Banks.....309-3226
 Bill Jackson.....277-7004
 BobPaton.....965-7786
 Terri Poznako.....225-6897
 Russ Walker.....327-1308
 Mark Potter.....452-5946

*To submit information for the news letter please contact: **Russ Walker** or **Jim Parks** via: **Call**, ***email** or leave the information at the **Central Office** before the **25th.** of each month.

Financial Report

Listed below are the Profit & Loss spread sheet, the group donations and the rents for the month of March, 2007.

<u>Expenses</u>		<u>Donations</u>	
1.Rent	\$ 675.00	1.....	\$ 847.09
2.Columbia Gas	\$ 459.00	2.....	\$ 548.25
3.All Service Telephone	\$ 140.88	3.....	\$1,563.98
4.Ohio Edison	\$ 198.56	4.....	\$ 919.79
5.Century Telephone	\$ 87.51	5.....	\$ 0.00
6. House Managers	\$1,363.20		\$3,879.11
7.Pay Cor Fees	\$ 53.41		
8.LiveWire Printing	\$ 42.00	<u>Donations/Rent</u>	\$3,879.11
9.Windstream Yellow Pages	\$ 18.30	<u>Expenses</u>	\$4,181.75
10.Fauver, Keyse-Walker	\$1,125.00	<u>Loss</u>	-\$302.64
&Donovan (Lawyer Retainer)			
11. Janitor Supplies	\$ 18.89		
	\$4,181.75		

Donations for the month of March, 2007

When making Donations Please include General Service # and Phone # if you know it, if not look on the internet at aaloraincounty.org under A.A. Meetings, if your group is registered the General Service # will be listed. Thank You!!

- | | |
|-------------------------------------|--|
| 1. Blue Monday | 17. Wellington Thursday Night Group |
| 2. Back To Basics Big Book (Lorain) | 18. Compass House Group |
| 3. Monday Morning Live Disc. | 19. Oberlin Group |
| 4. Monday Night Lorain | 20. St. Agnes Thursday Night |
| 5. Elyria Men's Stag | 21. Friday Night Amherst |
| 6. Early Morning Discussion Elyria | 22. Friday Men's Discussion Lorain |
| 7. We Care Tuesday Morning | 23. Friday Night Avon Lake Group |
| 8. Crazy But Sober Big Book Study | 24. Wellington Friday Group |
| 9. S.I.O.G.A. | 25. Serenity Hall |
| 10. Tuesday Night Central | 26. Saturday Night Security |
| 11. North Ridgeville First Step | 27. Amherst Saturday Group |
| 12. Mid-Week Morning Discussion | 28. Oberlin Breakfast Group |
| 13. Back To Basics Disc. Avon Lake | 29. Sheffield Lake Civic Center Group |
| 14. Grafton Wednesday Night | 30. Sunday Night Sobriety Lorain |
| 15. Early Morning Discussion Elyria | 31. Anonymous |
| 16. Arid Lunch Bunch Carlisle | 32. Lorain Central Office 50/50 Raffle |

Rents:

for the month of March, 2007

1. Blue Monday
2. Tuesday Night Central
3. Mid Week Morning Disc.
4. Friday Morning Survivor
5. Friday Men's Discussion
6. Unity Hall Discussion

Phone Line Report:

for the month of April, 2007

12 Step Calls.... 32
 Sponsorship..... 5
 Al-A-Non..... 12
 Meeting Info.... 133
 General Info..... 53
Total:..... 235

Let Go, Let God!!

AA Thought for the Day: Acting 'As If'

My sponsor suggested that for me a good starting point would simply be recognition of the fact that I had failed in running the world -- in short, acceptance of the fact that I was not God. He also suggested that I might try occasionally to act as if I believed. Somewhere I had heard that it is easier to act yourself into a new way of thinking than to think yourself into a new way of acting, and this made sense in the context of "acting as if." c.2001 AAWS, Alcoholics Anonymous, p. 366