

AA Unity LiveWire AA

577 Broadway Avenue. Lorain, Ohio 44052 Phone 440 246-1800

May

Monday-Friday 9AM-5PM

www.aaneoh.org

2005

The Quality of a man's life is in direct proportion to his commitment to excellence, regardless of his chosen field of endeavor. (Vince Lombardi)

For the person seeking a Sponsor

What should a newcomer expect from a sponsor?

An A.A. sponsor does not provide any such services as those offered by a social worker, a doctor, a nurse, or a marriage counselor. A sponsor is simply a sober alcoholic who helps the newcomer solve one problem: *how to stay sober.*

And it is not professional training that enables a sponsor to give help – it is just personal experience and observation. A sponsor was once a newcomer, too, and has tried to use the A.A. program to deal with problems similar to those the newcomer is facing now.

Must the newcomer agree with everything the sponsor says?

If the sponsor's ideas sound strange or unclear, the newcomer had better speak up and ask questions. There is supposed to be an easy, open relationship, in which both parties talk freely and honestly with each other.

The A.A. program is simple, but it didn't seem that way to many of us at first. Often, we learned by asking questions, at closed meetings or – most especially – in conversations with our sponsors.

How does sponsorship help the newcomer?

It assures the newcomer that there is at least one person who understands the situation fully and *cares* – one person to turn to without embarrassment when doubts, questions, or problems linked to alcoholism arise. Sponsorship gives the newcomer an understanding, sympathetic friend when one is needed most. Sponsorship also provides the bridge enabling the new person to meet other alcoholics – in a home group and in other groups visited.

How should a sponsor be chosen?

The process of matching newcomer and sponsor is as informal as everything else in A.A. Often, the new person simply approaches a more experienced member who seems compatible, and asks that member to be a sponsor. Most A.A.s are happy and grateful to receive such a request.

An old A.A. saying suggests, "Stick with the winners." It's only reasonable to seek a sharing of experience with a member who seems to be using the A.A. program successfully in everyday life. There are no specific rules, but a good sponsor probably should be a year or more away from the last drink – and should seem to be *enjoying* sobriety.

G.S.R./D.C.M. Meeting: The Multi-District meeting is held at 11 AM on the 1st. Sunday of the month. This meeting is for the General Service Rep's. (G.S.R.) of each Group and the District Committee Member's (D.C.M.). If you want to learn more about service attend this meeting.

The Lorain Central Office Meeting is the 1st. Sunday of the month at 12:30 AM. It is very Important that all the Secretaries of each Group attend this meeting. We urge your Attendance (Be Informed, Get Active)

Advisory Board Meeting: The meeting will be held at 6 PM on the 3rd. Thursday of the month, at the Central Office

Midnight Elvria

Group

12:00 pm

St Mary's Church 4th &
Middle Ave.

Elyria

May 7th. Jean K.

May 14th. Mary M.

May 21st. Ask It Baskit

May 28th. Londa A.

A few years ago, a \$100,000 mistake was made because someone failed to wait for complete instructions. As reported in Entrepreneur magazine, a dispatcher for a cement company was instructed to send a fleet of trucks to Portland. For some reason he failed to wait for the rest of the message. The result: eight trucks of cement went to Portland, Oregon, when their real destination was 3,000 miles away in Portland, Maine.

God promises to give us complete instructions. The psalmist said of the Lord, "I will instruct you and teach you in the way you should go; I will guide you with My eye" (Ps. 32:8). The God who knows the beginning from the end, who holds the past, present and future in His hands, wants to communicate His total plan for our lives. But it seldom comes all at one time. Instead, God reveals a little bit, and then we wait. He reveals a little more, and again we wait. But through this process, we become aware of God's complete instructions for our lives.

Are you eager to know God's plan for your life? Don't rush ahead of Him. Be patient and wait for Him to reveal His instructions. Then go only so far as He reveals. When you no longer know what God would have you do next, stop and wait for Him to tell you more. Give Him time; God will make it all clear.

Waiting for God's instructions is time well spent.

Grafton Wednesday

Night

8:30 pm

Grafton Fire Station

1050 Novak Rd.

Grafton

May 4th. Andy K.

May 11th. Winston A.

May 18th. John C.

May 25th. Sober Alcoholic

*Let Go
Let God*

Let's all remember our Mother's on **May 8th**, the passed and the present,
with a thought and a few word of **Love**.

Easy Does It

Mother's Day

*You've taught me so many things, to trust myself, to know the
Difference between right and wrong, to believe in our family and the
joy and comfort it can bring...*

But above all, you taught me about Love...

*How it means concern for Others, Giving of ourselves,
and allowing others to give in return...*

And this is one of those times, when We give back to You

All my Wishes and All my Love

Happy Mother's Day

Monday Night

Lorain

7:30 pm

Zion Lutheran Church

5100 Ashland Ave.

Lorain

May 2nd. Jim Banks

May 9th. Charlie Crawford

May 16th. Andy Bazar

May 23rd. Johnnie Cash

May 30th. Carlos V.

Vermilion United Church

Of Christ

Monday Night

8:00 pm

990 Rt. 60,

Vermilion

May 2nd. Lisa Ice

First Year Anniversary Lead

May 9th. Lauretta Williams

May 16th. Maureen White

May 23rd. Jim Obrian

May 30th. Jim Moran

Anniversary Lead

Step 5: Admitted to God, to ourselves and to another human being the exact nature of our wrong.

Promise 5: No matter how far down the scale we have gone, we will see how our experience can benefit others.

Tradition 5: Each group has but one primary purpose - to carry its message to the alcoholic who still suffers.

Concepts 5: Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

Staying Sober

AA taught me how to handle sobriety.

I have learned how to relate to people; before AA, I could never do that comfortably without alcohol.

I have learned to deal with disappointments and problems that once would have sent me right to the bottle.

I have come to realize that the name of the game is not so much to stop drinking as to stay sober.

Alcoholics can stop drinking in many places and many ways --

but Alcoholics Anonymous offers us a way to stay sober.

c. 2001 AAWS, Alcoholics Anonymous, p. 558

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The Bottom Line: "Now that we are sober in A.A., the word "support" has to do with sharing, people, self-respect, gratitude, and what we are privileged to give---not take---in material terms." (Jamie Bailey)

23rd ANNUAL NEW LONDON CAMPOUT CONFERENCE

When: Thursday June 23rd through Sunday June 26th, 2005
 Where: New London Recreation Park, New London, Ohio
 Grove Street (off State Rt. 60)

Calendar of Events

DAY	TIME	EVENT
Thursday	8:00 P.M.	AA Lead • Carolyn Keenan - Lima, OH
Friday	5:00 P.M.	AA Lead • George Antkowiak - Huron, OH
	7:00 P.M.	Dual AA/ALANON lead • Bob and Sharon Reeves - Newark, OH
Saturday	10:00 A.M.	Old Timers Panel • James Weaver - AppleCreek, OH • Dorsey Sheller - Frederickburg, OH • Darleen Kohn - Ashland, OH
	1:00 P.M.	Pot Luck Dinner • Bring your favorite dish. Meat and table service provided • Tom Hutchings - Lechur, OH
	4:00 P.M.	New London AA Meeting - Will be held at the park.
	8:00 P.M.	• Andy Folkeri - Pataskala, OH

• 50/50 Raffle available at each evening.
 Cost: \$12.00 per unit (cans, pop-up, tent) per night for all occupied nights.
 \$12.00 per night charge applies for those setting up early before Thursday.
 Electric, water hookup, picnic tables and fire rings available on first-come basis.
 Please bring firewood to share.

You do not have to camp to join the fun. Come at any time for meetings, fellowship, laughter, compare meetings and great conversation. If coming out for the day, bring your cooler, picnic basket and lawn chairs.

For more information call:

- Bob and Judy Elliott 419-929-0054
- John and Mary Ott 419-408-4122

- Park rules require that all persons 17 and under are present in company either 11:00p in unless accompanied by an adult
- Local Central Office and Sandusky inter group will have AA Literature, Big Book and other items for sale
- Smoking, drinking and use of alcohol is prohibited



Memorial Day Breakfast

Monday, May 30, 2005
 Breakfast at 9:00am Lead at 10:00am
 Craig Caire
 Speaker
 German's Villa
 3330 Liberty Ave. (Rt.6) Vermilion, Ohio
 Between Rt.60 & Baumhart Road
 Donation \$9.00

No Children Please

1935 Founders' Day Herald

June 10, 11, 12, 2005 • Akron, Ohio • Birthplace of A.A.

FRIDAY, 6/10/05	NATURAL CAFFEINATED	SUNDAY, 6/12/05
<ul style="list-style-type: none"> 12 Step Pool 10:00 AM - 12:00 PM 12 Step Pool 1:00 PM - 3:00 PM 12 Step Pool 4:00 PM - 6:00 PM 12 Step Pool 7:00 PM - 9:00 PM 12 Step Pool 10:00 PM - 12:00 AM 	<ul style="list-style-type: none"> 12 Step Pool 10:00 AM - 12:00 PM 12 Step Pool 1:00 PM - 3:00 PM 12 Step Pool 4:00 PM - 6:00 PM 12 Step Pool 7:00 PM - 9:00 PM 12 Step Pool 10:00 PM - 12:00 AM 	<ul style="list-style-type: none"> 12 Step Pool 10:00 AM - 12:00 PM 12 Step Pool 1:00 PM - 3:00 PM 12 Step Pool 4:00 PM - 6:00 PM 12 Step Pool 7:00 PM - 9:00 PM 12 Step Pool 10:00 PM - 12:00 AM

Cleveland Corrections Committee

TRAINING WORKSHOP

Saturday, May 14, 2005
 10 AM - 1 PM

Community of the Holy Spirit
 36600 Stevens Boulevard
 Willoughby, OH

Discussions, State House (1) South off of Route 2
 Right on Stevens Boulevard

A training workshop for those interested in setting up as a volunteer at AA meetings behind the walls and those who wish to help facilitate that work.

If you should have any questions, please call either Bill Stevens (216) 842-0020 or Ross Walker at (440) 277-1308.

Committee Chairs

Unity LiveWire

Russ Walker.....	327-1308
Jim Parks.....	327-1147
e mail russ8859@aol.com	
e mail parksphoto@adelphia.net	

Archives Committee

Kevin Sexton.....	323-9217
e mail bigbook@alltel.net	

Schools

Ellen B.....	322-5306
e mail irishmimi1@comcast.net	

Correctional Committee

DCM.Russ Walker.....	327-1308
e mail russ8859@aol.com	
Maureen Leach.....	967-6305

District Committee

District #19a	
DCM.Russ Walker.....	327-1308
Email russ8859@aol.com	

District #19b vacant

Help Needed

District #20c	
DCM.Donna Lawson.....	cell# 440 574-3464
Alt.Craig Warren.....	cell# 440 985-3403

District #20b

DCM.Judy Sexton.....	322-2619
Alt.Marilyn Oliver.....	284-9834

District #20a vacant

Help Needed

Board Of Directors

Co-Chairperson	Terri Poznako.....	647-9438
Co-Chairperson	Tom Ortiz.....	277-0276
Treasurer	Bob Paton.....	965-7786
Secretary	Tom Banks.....	647-0486
Office Managers	George Schmidt....	288-8935
	Charlie Crawford...	988-7061

Advisory Board Members

George Sheridan.....	647-4654
Donna McCauley.....	288-3495
Tom Coughlin.....	926-3791
Bill Watkins.....	934-1610
Bill Findley.....	277-8736
Russ Walker.....	327-1308
Bill Post.....	933-4153
Troy Smith.....	365-9018
Donna Lawson.....	574-3464

To submit information for the newsletter please contact:
Russ Walker or leave the information at Central Office
before the 26th. of each month.

Financial Report

Listed below are the Profit/Loss spread sheet, the group donations and the rents for the month of March 2005.

<u>Expenses</u>		<u>Donation's</u>	
1.Rent	\$ 650.00	1.....	823.73
2.All Service Tel.	115.13	2.....	599.10
3.Columbia Gas	278.00	3.....	470.67
4.Ohio Edison	151.53	4.....	617.19
5.Century Tel.	111.76	5.....	570.49
6.House Manager's	1321.22	6.....	698.43
7.Me Arthur & Son's	475.00		
8.C.O. Supplies	183.76		
	<hr/>		<hr/>
	\$ 3286.40		\$ 3779.61

<u>Donation's</u>	\$ 3779.61
<u>Expenses</u>	\$ 3286.40
	<hr/>
	\$ 493.21

Donations

Please include General Service # and Phone # with your donation's if you know them. Thank You!!

1. Stepping into Sobriety	20. Blue Monday
2. La Grange Mon. Night	21. Tues. Lorain Central
3. Monday Night Lorain	22. Elyria Men's Stag
4. Strength In Sobriety	23. Sunday Open men's Disc.
5. Friday Men's Disc.	24. Vermilion Fri. Night
6. Sat. Gould Auditorium	25. Lorain Wed. Night
7. Monday Night Lorain	26. Avon Lake Fri. Night
8. Thurs. 12 Step Group Lorn.	27. Oberlin Woman's Mon. Night
9. Arid Lunch Bunch	28. S.I.O.G.A.
10. Thurs. 12 Step Group Lorn.	29. St. Anthony's Fri Night
11. Grafton Wed. Night	30. Amherst Thursday
12. Amherst Sat. Night	31. Fireside Group (Bay Village)
13. Oberlin Tues Noon Disc.	32. Wellington Wed.
14. Crazy But Sober A/Lake	33. Oberlin Thurs. Group
15. Oberlin Breakfast Group	34. Tues Night La Porte
16. Elyria Fri. Night	35. Avon Lake Mon. Disc.
17. As Bill See's It Thurs..	36. Mon. Rainbow Group
18. Fri. Wellington Group	37. Thurs. 12 Step Group Lorain
19. Sat. Young Person's Group	

Rents

1. Tues. Lorain Central
2. Thur. Strength in Sobriety
3. Fri. Night Men's
4. Fri. Morn. Survivors
5. Sat. Morn. Disc. Unity Hall
6. Tues. We Care
7. Wed. ARK Big Book Disc.
8. Blue Monday
9. Monday Happy Hour
10. Mid-Week Morn. Disc.

April Phone Line Report

12 Step.....	30
Sponsorship.....	10
Al-A-Non.....	16
Meeting Info.....	129
General Info.....	65

Total:.....250