

July

“Easy Does It”

• area54.org •
aaloraincounty.org

Unity LiveWire

710 Broadway Avenue Lorain, Ohio 44052

Monday-Friday 9AM-5PM Phone 440 246-1800
Lorain Inter-Group Central Office email address: lorainaa@live.com

2010

“First Things First”

• aa.org •
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Humbly asked Him to remove our shortcomings (AA Grapevine, November 1970, Vol. 27, No. 6.)

FOR ME, at first glance Step Seven seemed a cinch, especially in comparison to some of the preceding Steps. As is often the case, on closer examination the seemingly simple proved to be anything but! I thought this Step was only a kind of mopping-up maneuver or an interlude where I could rest on my laurels. (I was wearing them in the wrong place at the time.) Steps One through Six had shown me how inadequate my own powers and resources were--as far as my alcoholism was concerned. Besides, I had to be entirely ready to part with my defects (Step Six), and I wasn't at all ready.

The earlier Steps, however, had removed some of the careful padding from my ego, and a remark made by an old-timer and dear friend had helped. I had heard one member complimented by another for a wonderful talk. The speaker said, "Don't thank me or give me credit. Give God the credit." I was determined that if ever anyone thanked me for my talk, I would say the same thing (humbly, of course).

Finally, my old-timer friend did compliment me on my talk one night, and I did say, "Don't thank me. God did it."

The old-timer smiled, put his arm about me, and said, "Honey, it wasn't that good!" Up until that time I had thought "humble" was some kind of pie.

I knew from the beginning that my vices were 'way ahead of my virtues. That was bad. Worse, some of my vices were being classed as virtues. But, since other members seemed to be gaining on their vices, I could hope for myself. By this time, introspection had become somewhat habitual, and I realized that I would have many hang-ups in working these Steps, as I'd had hangovers during the wet years (or should I say the monsoons?).

In Step Seven, the word "humbly" threw a monkey wrench into my sensitive emotional gears. Oh, what it did to my poor id! It seemed I was forever searching feverishly through all the dictionaries I could lay hands on for a definition of "humble" that I could accept. Even the excellent coverage of this aspect in the "Twelve and Twelve" availed me nothing. Humble? Humbug! Hadn't I always been the one put upon? The doormat type? Was I now to wear sackcloth and ashes or a hair shirt?

All my life, I'd been taught that I alone was responsible for my character, including my shortcomings--responsible for self-discipline and self-reliance also. That reminds me of the fellow who claimed that he was a self-made man, whereupon his friend remarked that this belief certainly relieved God of an embarrassing responsibility!

Still, I could plainly see the golden thread of true humility running through all the Steps, and I knew how very important humility was to my continued sobriety. I became reconciled to the definition I found in a new, revised dictionary: "Humble indicates a personal realization of smallness, without loss of respect, and differs from humiliation, which implies public shame in front of others or being made to seem foolish or inferior" and "to be neither inordinately proud of our talents and assets, nor ashamed of our defects or failures, nor unduly on the defensive over them." Also: "free from vanity."

In other words (I quote Tryon Edwards): "True humility is not an abject, despising spirit; it is but a right estimate of ourselves as God sees us."

My willingness to have my defects of character removed was bolstered by the realization that little, if any, spiritual growth was possible as long as I held on to my old ideas and defects. The words in our Big Book keep appearing before me: "Burn the idea into the consciousness of every man that he can get well, regardless of anyone. The only condition is that he trust in God and clean house." This is what Step Seven is to me; it means I am going to clean house and I will have all the help I need. By taking this Step, I am not giving up anything; I am getting rid of whatever might lead me to drink again and whatever might prevent achieving real serenity. Now, with God's help and my own cooperation, via Step Seven, I can become on the individual level a first-rate power, instead of the second-rate power that I was before AA. (I was truly suffering from an immense power failure--or bad wiring.)

I have a favorite reminder which helps me keep Step Seven in view: "At moments she discovered she was grotesquely wrong, and then she treated herself to a week of passionate humility." This quote from the works of Henry James has become part of my inventory.

I believe that through the first six Steps I have gained some knowledge of my character defects and that I know (at least in part and at times) what I need to get rid of! It is certainly no problem for me to humbly ask my Higher Power to remove them, either. I never did know what to do with them before. Besides, my pride is the only thing I can swallow any more that is nonfattening. In fact, this diet tends to reduce the ego and eliminate fatheads--mine, anyhow.

Step Seven simple? Not on your ego!

July

Trust God

2010

Thurs. Night
Compass Group

8:00 PM

St. John's Catholic Church

Rt. 57 & Homewood Dr.,

1st. Randy H.

8th. Dick P.

15th. Tom F.

22nd. Bob L.

29th. Jim W.

R
E
C
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V
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R
Y

Midnight Elyria
Group

12:00 AM

St. Mary's Church
4th & Middle Ave.

3rd Shawn K.

10th Sober Alcoholic

17th Trinidad M.

24th Nikki T.

31st Ron R.

(free dinner)

G.S.R./D.C.M. Meeting: The Multi-District meeting is held at 11 AM on the 1st. Sunday of the month. This meeting is for the General Service Rep's. (G.S.R.) of each Group and the District Committee Member's (D.C.M.). If you want to learn more about service attend this meeting.

The Lorain Inter-Group Meeting is the 1st. Sunday of the month at 12:30 PM. It is very Important that all the Secretaries of each Group attend this meeting. We urge your Attendance (Be Informed, Be Active)

Advisory Board Meeting: The meeting will be held at 6:30 PM on the 3rd. Wednesday of the month, at the Inter-Group Office.

Lorain Inter-Group 50/50 Raffle

Lorain Inter-Group 50/50 Raffle Winner: Better Haff. , \$87.00. Just another way that you can Help support the Lorain Inter-Group. Buy a TICKET . Be A Winner.

Monday Night

Lorain

7:30 PM

1741 N Ridge Rd.
Zion Lutheran Church

5100 Ashland Ave.

5th Jeff W.

12th Bonnie L.

19th. Ondi B.

26th Rita M.

Friday Nite

Haven

7:00 PM

Haven Center
1536 E. 30th St.,
Lorain

2nd Dave M.

9th Jerry G.

16th Joe C.

23rd Al M.

30th Arlen (AJ)

Fri. Night

Faith Group

11:00 PM

1741 N Ridge Rd.

2nd Little Katie

9th Discussion

16th Discussion

23rd Discussion

30th Naamen T.



On behalf of Lorain County Intergroup Office, we would like to thank Terri Poznako and Tom Banks for their many years of service on the Advisory Board.

Their efforts and contributions will be appreciated for many 24 hours to come.

Thank you Terri & Tom!

Vermilion
Mon. Night

8:00 PM

990 Rt. 60

5th Tom M.

12th. Wayne W.

19th. Tim M.

26th. Steve B.

Step 7: Humbly asked Him to remove our shortcomings.

Promise 7: We will lose interest in selfish things and gain interest in our fellows.

Tradition 7: Every A.A. Group ought to be fully self-supporting, declining outside contributions.

Concepts 7: The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A.

"It is easy to let up on the spiritual program of action and rest on our laurels. We are headed for trouble if we do, for alcohol is a subtle foe. We are not cured of alcoholism. What we really have is a daily reprieve contingent on the maintenance of our spiritual condition."

~Alcoholics Anonymous, 4th Edition, Into Action, pg. 85~

Thought to Ponder . . .There is no such thing as being 'a little bit alcoholic.'

"Getting stuck means you are in between surrenders."

Before recovery I felt stuck in many areas of my life. I was stuck in a job I hated, stuck in unhealthy relationships I didn't know how to get out of, and stuck in an endless cycle of drinking and using. With no tools to help me, my life continued to spin out of control. Once I reached my bottom though, I finally surrendered and my recovery began.

When I started the steps I was introduced to a whole new life. I learned new ways of thinking, new ways of acting, and I also learned new ways to be stuck. Because of my old ideas and my resistance, I soon became stuck on the third step, and it was a long time before I surrendered to God's will. Then I was stuck on the fourth step, and once again it took a while to surrender to the process of an inventory. Oddly, even though the tool of surrender always worked, I usually insisted on being stuck for a while before I would use it.

Today I'm much quicker to recognize when I'm stuck and to do something about it. Today my tolerance for pain is small, and whenever I'm feeling uncomfortable, I immediately ask myself what I'm afraid of or what I'm resisting. As soon as I'm clear on what it is, I surrender and ask for God's will and direction. As always, this restores me to sanity and to the serenity I've come to cherish in my life.

Today I know that when I'm stuck, it just means I'm in between surrenders.

Elyria Sunday Night Group

St. Jude's

Breakfast in the Park

Join us at

High Meadows Park, Ford Road in
Elyria

(behind Elyria Wal-Mart near Midway
Mall)

Breakfast: 9:00 a.m.

Lead: 10:00 a.m.

Dates:

July 18

Aug. 15

Breakfast includes:

Scrambled eggs, Cheesy hash brown potatoes,
bacon, sausage, toast, juice, and coffee.

Breakfast Cost: \$3.00

9th ANNIVERSARY

Friday Night Amherst

Friday, July 23

Church of the Nazarene

210 Cooper Foster Park Rd.

Dinner: 6:30 pm

Lead: 7:30 pm

Kent Coleman

50/50 Raffle

Door Prizes • Fun • Fellowship

Covered Dish is appreciated

AA AlAnon

Freedom Day Breakfast

Monday, July 5, 2010

9:00 a.m Breakfast

10:00 a.m. Gratitude Meeting

St. Peter's Church Gym

35777 Center Ridge Rd.

N.Ridgeville, OH

50/50 Raffle

Al Anons bring muffins

Hat will be passed to cover the cost of
breakfast

For information on Cocaine Anonymous, Narcotics
Anonymous or Al-Anon meetings, please contact
the Inter-group office at 440-246-1800.

Friends of Porky P. 6th Annual Pig Roast

August 14th

2pm-11pm

Scotts Lake Park

Route 58 between Russia Rd.
and Butternut Ridge Rd.

Tickets are \$10.00

for more Info Contact:

Inter-group Office

Advisory Board Member

InterGroup 440-246-1800

Troy Smith 440-365-9018

Come and have Some Fun!!!

Tickets Available NOW

Music, Food, Fun, Fellowship, Raffles

**Back by popular demand the Half
Measures!!**

**And more live music to be
announced.. ..**

Eat at 4 PM must have ticket

Pig cooked by Juan Ortiz

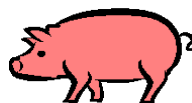
**Hot dogs for kids 12 and under at no
charge**

Pitch in and get active !!!

Group donations are appreciated

Volunteers are Welcome

No Coolers, please!



1st Anniversary

Turning Point

6:00 pm

Elyria Baptist Church

Washington Ave.

Food, Fun, Fellowship

3 panel Discussion



Happy 4th!

Survivors List:

Groups in need of
Support to stay afloat . Please

Attend, Contribute,
Be Active, Help Chair,
Be a Secretary,
Be Responsible

Tuesday Night Haven

7:00 p.m.

Haven Center

1536 E. 30th Street, Lorain

Friday Nite Haven

7:00 p.m.

Haven Center

1536 E. 30th St., Lorain

We Need Your Help!!

Don't let them Close

HELP SUPPORT

THE GROUPS.

• July Anniversary •

5th Pam H. 24 yrs.

5th Jeff W. 2 yrs.

10th Patty Mc. 9 yrs.

13th Connie S. 26 yrs.

13th Christine C. 12 yrs.

15th Ron R. 35 yrs.

19th Donna L. 11 yrs.

24th Pat F. 25 yrs.

Phone Line Report:

Month of June 2010

12 Step Calls.....	6
Sponsorship.....	3
Al-A-Non.....	6
Meeting Info.....	102
General Info.....	57
Phone Service.....	145

Total:.....319..

***To submit information for the news letter please contact:
Vicki T. 440 225-1314, Jim Parks 440 385-5687, Bobbi
Matear 440 537-4280, Opal A. 440 670-6619, Donna L. 440
574-3464, Amy D. 440 714-7444, via: Call, email or leave the
information at the Inter-Group Office before the 25th. of
each month.**

ATTENTION: Lorain County A.A. Community - help needed on various Committees! If interested, please contact one of the Advisory Board Members and VOLUNTEER!!!! Help Make A Difference!!

Committee Chairs

Unity LiveWire Committee

Vicki Tomlinson..... 440 225-1314
 *e mail vickitom@oh.rr.com
 Jim Parks.....440 385-5687
 *e mail jbparks2542@yahoo.com

Internet Committee (aaloraincounty.org)

Mike.....440 670-9910
 e mail webmaster@aaloraincounty.org

Cooperation with the Professionals Committee

Alan Revercomb440 541-2473

Correctional Committee

Alan Revercomb440 541-2473

Archives Committee

Linda S.440 240-1189

Young Peoples Committee

John Flores.....440 308-5421

Picnic Committee

Art C.....440 773-9474
 Sue Koons.....440 309-0491

Treatment Facilities Committee

Chairperson needed NEED VOLUNTEERS

Pig Roast Committee

Troy Smith.....440 365-9018

Special Needs Committee

Yolanda A.440 541-1671

Memorial Day Breakfast Committee

Donna Lawson.....440 574-3464

Grapevine Committee

Linda S.440 240-1189
 Coretta Farley440 308-1714

District Committee

District 19A (Sheffield Lake, Avon Lake, Sheffield, Avon, N. Ridgeville, Eaton, Columbia, Grafton DCM Ellen Winson.440 327-8812

District 19B (Lorain City Meetings and some in Vermilion)
 DCM. Yolanda A.440 541-1671

District 20A (All of Elyria City Meetings a Carlisle)
 DCM. Judy Sexton.440 322-2619
 Alt. DCM Patty McMullen.....440 365-3778

District 20B (All Meetings at ARID Club)
 DCM. Debbie McConnell.....440 277-0162

District 20C(LaGrange, Penfield, Brownhelm Tnsp., Amherst, Henrietta Tnsp., S. Amherst, Kipton, Oberlin, Camden Tnsp., Pittsfield Tnsp., Brighton Tnsp., Wellington Meetings)
 DCM. Patti Rodgers440-284-6677
 Alt DCM Donna Lawson.....440 574-3464

Financial Report

Listed below are the Profit & Loss spread sheet, the group donations and the rents for the Month of May, 2010.

Expenses

1. Rent	\$650.00
2. Columbia Gas	\$161.00
3. All Service Telecommunications	\$122.03
4. Ohio Edison 710 Broadway	\$161.09
5. Time Warner	\$91.11
6. House Managers	\$1,504.61
7. Pay Cor Fees	\$64.29
8. Live Wire Printing	\$69.00
9. Berry Yellow Pages	\$20.05
10. 6 Light Fixtures; Light Bulbs; Trash	\$299.99
Bags	
11. 100 Chairs	\$1,325.00
12. Trash Bags, Toilet Paper, Coffee,	\$70.00

Month of May 2010 \$4,538.17

Donations/Rents	\$2,777.04
Coca Cola Sales	\$0.00
Total Income	\$2,777.04
Expenses	\$4,538.17

Total Loss May, 2010 **(\$1,761.13)**

Donations/Rents

By Week

1.....	\$1,087.46
2.....	\$402.92
3.....	\$578.16
4.....	\$708.50
	<u>\$2,777.04</u>

Rents:

Month of May, 2010

1. Blue Monday
2. Friday Morning Survivor
3. Lorain Consolidated
4. Serenity Hall
5. Sharing Our Sobriety
6. Spanish American
7. Tuesday Night Central
8. Unity Hall Discussion

When making Donations to the Lorain Inter-Group, Area 54, Multi-District, or the General Service Office in New York. PLEASE put your Groups General Service number on the Donation. You can find your Groups General Service number in the meeting schedule or on the internet at aaloraincounty.org under A.A. Meetings. Please put your Area & District numbers on the donation, it also helps to identify your Group. If you don't have a General Service number under your Groups information in the meeting schedule you can contact your District Committee person listed in the LiveWire to help you get registered.

Donations

- | | |
|-------------------------------------|------------------------------------------|
| 1. Amherst Saturday Night | 16. Living Life |
| 2. Amherst Who Me | 17. Lorain Inter-Group 50/50 Raffle |
| 3. Anonymous | 18. Lorain Wednesday Group |
| 4. Attitude of Gratitude | 19. Mid Week Morning discussion |
| 5. Blue Monday | 20. Monday Big Book Discussion |
| 6. Compass Group | 21. Monday Night Lorain |
| 7. Early Morning Discussion | 22. North Ridgeville Big Book Discussion |
| 8. Elyria Friday Night | 23. Oberlin Group |
| 9. Elyria Monday Closed Discussion | 24. Road To Hope Foundation |
| 10. Elyria New Way of Life | 25. Saturday Morning Discussion |
| 11. Elyria Sunday Night Group | 26. Sheffield Lake Civic Center Group |
| 12. Friday Morning Survivor | 27. St. Anthony's Friday Night |
| 13. Friday Night Faith Group | 28. Stepping Into Sobriety |
| 14. Friday Night Sobriety | 29. Sunday Open Men's Discussion |
| 15. Joy of Living Women in Recovery | 30. Wellington Group |

Board Of Directors

Chairperson	Troy Smith.....365-9018
Vice-Chairperson	Ken Cain..... 322-2496
Treasurer	Bill Post.....933-4153
Secretary	Mark Potter.....452-5946
Office Managers	Sam Hensley.....288-4942
	Tom Niemiec.....258-7286
	Keith Shagie.....258-1159

Advisory Board Members

Tom Ortiz.....	315-8600
Bill Jackson.....	935-3251
Nikki Lustek.....	409-2136
Donna Lawson	574-3464
Alan Revercomb.....	541-2473
Vicki Tomlinson.....	225-1314
Greg Hayes.....	371-3835
Rich Yowler.....	477-1019