

July

"Easy Does It"

• area54.org •

aaloraincounty.org

Unity LiveWire

577 Broadway Avenue Lorain, Ohio 44052

Monday-Friday 9AM-5PM

Phone 440 246-1800

Lorain Inter-Group Central Office email address: intergroup@centurytel.net

2008

"First Things First"

• aa.org •

aaloraincounty.org

Tradition 7: The Price of a Drink and the value of gratitude

Whenever I go out to dinner in a restaurant with my husband or friends, I find myself drawn to the drinks section of the menu. I also find myself paying a lot of attention to the advertisements in the window of my local liquor store. Thanks to Alcoholics Anonymous and the hope and strength I found in its rooms, I have not had to take a drink since April 1988, and I am convinced that if I keep on following the suggestions, I will continue not to drink, one day at a time. So why my fascination with the price of alcohol? It has to do with the worth of my gratitude.

When I came into this fabulous Fellowship, I was lucky enough to get sober in a place where almost every time the Seventh Tradition basket was passed, someone explained about taking part in meeting the expenses of the group and helping to carry the message to other alcoholics whenever possible.

Early on, what I could do didn't amount to very much. I was single, barely able to meet my personal living expenses, and had a lot of financial amends to make. Even so, a small glimmer of awareness in my slowly clearing brain realized that, because AA helped me not to pick up that first drink, I was saving myself a lot of money on a daily basis. I didn't begrudge that dollar in the basket.

Several years later, I was doing better financially, not going to as many meetings every week, had gotten very involved in general service, and had watched area committees struggle to do service with the small amounts of money that most groups were able to send. It dawned on me then that there was nothing particularly sacred about "a buck in the basket." After consultation with other, wiser, women in the Fellowship, I decided to at least put in the price of a cup of coffee for myself and the newcomer with only some lint in his or her pocket.

Now I have trudged a few more years down that "Road of Happy Destiny" and connected a few more dots. I couldn't count the number of times that I have said in meetings, "I am grateful to AA and my Higher Power for not having to pick up that first drink today."

Connect ... connect ... connect. Why not put the price of that first drink that I didn't have to take today into the basket? It makes perfect sense to this alcoholic, since I know that not taking that first drink today has saved me not only the price of dozens more that I would have to chase it with, but saved my life, my self-respect, and a long list of other priceless personal assets that I owe to my sobriety. So, now you know why I pay so much attention today to the drink list on the menu. Today, it's just another spiritual tool.

AA Grapevine Gayle S. R., Hackensack, New Jersey

••• *All positive progress comes from a calm and peaceful mind.* •••

The Courage to Change: "Waiting is an Art"

I've started to realize that waiting is an art, that waiting achieves things. Waiting can be very, very powerful. Time is a valuable thing. If you can wait two years, you can sometimes achieve something that you could not achieve today, however hard you worked, however much money you threw up in the air, however many times you banged your head against the wall. . .

--The Courage to Change by Dennis Wholey

The people who are most successful at living and loving are those who can learn to wait successfully. Not many people enjoy waiting or learning patience. Yet, waiting can be a powerful tool that will help us accomplish much good.

We cannot always have what we want when we want it. For different reasons, what we want to do, have, be, or accomplish is not available to us now. But there are things we could not do or have today, no matter what, that we can have in the future. Today, we would make ourselves crazy trying to accomplish what will come naturally and with ease later.

We can trust that all is on schedule. Waiting time is not wasted time. Something is being worked out - in us, in someone else, in the Universe.

We don't have to put our life on hold while we wait. We can direct our attention elsewhere; we can practice acceptance and gratitude in the interim; we can trust that we do have a life to live while we are waiting - then we go about living it.

Deal with your frustration and impatience, but learn how to wait. The old saying, "You can't always get what you want" isn't entirely true. Often, in life, we can get what we want - especially the desires of our heart - if we can learn to wait.

Today, I am willing to learn the art of patience. If I am feeling powerless because I am waiting for something to happen and I am not in control of timing, I will focus on the power available to me by learning to wait. "Let go Let God"

Mon. Night

Lorain

7:30 PM

Zion Lutheran Church
5100 Ashland Ave.

7th. Stella W.

14th. Pyro

21st. Kelly Y.

28th. Sober AA

LaPorte

Tues. Group

8:00 PM

Christian Church
301 Washington Ave.

1st. John F.

8th. Bill A.

15th. Linda S.

22nd. Cherly W.

29th. Matt C.

Fri. Night

Faith Group

11:00 PM

1741 N Ridge Rd.

4th. Seven Step

11th. Robert H.

18th. Big Tony

25th. Disc.

G.S.R./D.C.M. Meeting: The Multi-District meeting is held at 11 AM on the 1st. Sunday of the month. This meeting is for the General Service Rep's. (G.S.R.) of each Group and the District Committee Member's (D.C.M.). If you want to learn more about service attend this meeting.

The Lorain Inter-Group Meeting is the 1st. Sunday of the month at 12:30 PM. It is very Important that all the Secretaries of each Group attend this meeting. We urge your Attendance (Be Informed, Be Active)

Advisory Board Meeting: The meeting will be held at 6:30 PM on the 3rd. Wednesday of the month, at the Inter-Group Office.

NEW MEETINGS: St. Anthony's Saturday, 6:15 PM

[Big Book Study]

Newly Formed And Growing [THE NEXT STEP] Is A Worship Celebration For Those In Any Type Of Recovery. An Interdenominational Supportive Fellowship For Individuals & Family members Whom Addiction Is An Ongoing Threat. A Safe Place Where Love & Acceptance Is Found. Saturdays 6:00 To 7:15 P.M. At The Amherst Church Of The Nazarene. All Welcome. Any Questions Call (440)985-1099. Kim P.

TIME CHANGE: Early Morning Discussion Meeting, Monday Thru Friday At The Y.W.C.A. In Elyria Is Now At 8:00 A.M. Instead of 8:15 A.M.

CANCELED: Friday Men Discussion Meeting 8:00 PM., 577 Broadway Ave., Lorain (S)

Mid- Night

Elyria Group

Sat. 12:00 PM

St Mary's Church
4th & Middle Ave.

5th. Larry H.

12th. ASK IT

19th. Donna W.

26th. Shawn K.

Lorain Consolidated

Sun. 2:30 PM

577 Broadway

6th. Edwin T.

13th. Judy S.

20th. Mary Ann S.

27th. Nyle C.

•
*A B C =
Acceptance,
Belief,
Change.*
•

• **July Anniversaries** •

4th. Joe S 28yrs.

6th. Renee M. 18yrs.

7th. Ellen Y. yrs.

7th. Lisa R. 17yrs.

7th. Donna L. 9yrs.

7th. Marty F. 26yrs.

13th. Christine C. 10yrs.

15th. Laurie K. 7yrs.

20th. Cowboy 12yrs.

24th. Shawn K. 1yr.

26th. Tracy H. 3yr.

Websites to visit:

- <http://www.aaneoh.org>
- <http://www.aaloraincounty.org>
- <http://www.sobervibes.org>
- <http://www.cyberrecovery.net>
- <http://www.aa.org>
- <http://www.dickb.com>
- <http://www.sober.org>
- <http://www.silkworth.net>
- <http://www.aagrapevine.org>
- <http://www.steppingstones.org>
- <http://www.thewisdomoftherooms.com>
- <http://www.legacyaa.com>
- <http://www.sobermusicians.com>
- <http://www.akronaa.org>

Meditation for the Day: I give God the gift of a thankful heart. When life seems hard, I look for some reasons for thankfulness. If I seek diligently for something to be glad and thankful about, I will acquire in time the habit of being constantly grateful for all God's blessings.

PEOPLE NEEDED to speak to the patients at Elyria Memorial Hospitals psychiatric unit on Thursday at 4:00PM. Call Mike Heller 440-309-7983

Need A. A. Volunteers to Speak, Lead and or Assist at the Lake Point Nursing Home on Monday's 7 PM. Contact Coretta Farley. 308-1714

Lorain Inter-Group 50/50 Raffle Winner: Jim P. \$ 65.00, Sold by C/O. Just another way that you can Help support the Lorain Inter-Group. Buy a TICKET from any Advisory Board Member.

Thought for the Day: Anyone can fight the battles of just one day. It is only when you and I add the burden of those two awful eternities, yesterday and tomorrow that we break down. It is not the experience of today that drives us mad. It is the remorse or bitterness for something that happened yesterday or the dread of what tomorrow may bring. Am I living one day at a time?

Gratitude: It took several years, but I learned to be grateful for my alcoholism, and the program of recovery it forced me into, for all the things that had happened to me and for me, for a life today that transcends and far exceeds anything I had previously known. I could not have that today if I had not experienced all the yesterdays.

Live each day with a little less fear and a little more faith.

Concepts 7: The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.

Step 7: Humbly asked Him to remove our shortcomings.

Promise 7: We will lose interest in selfish things and gain interest in our fellows.

Tradition 7: Every A.A. Group ought to be fully self-supporting, declining outside contributions.

Friends of Bill W

Picnic

*Supported by the home groups of
Lorain County*

*We need gifts to raffle or cash donations to
support it*

July 13, 08 12:00 -5:00pm

Birmingham Methodist

Youth Center

South Street, Birmingham

Please Bring cover dish to share

Games for Young and Old

corn hole, softball, volleyball and kids games

So don't forget your gloves and

bats/lawn chairs

50/50

*Things provided: Hot dogs and hamburgers
and buns. Coffee, punch, grill if you want to
cook*

Contact persons

Title: Chairman Name: Susie P 440-309-0491

Title: Co-chair Name: Tom B 440-309-3226

Elyria Sunday Night Group

St. Jude's

Breakfast in the Park

Join us at

Cascade Park in Elyria

West River Road Entrance

9:00 Breakfast

10:00 Lead

Dates:

July 20

Aug. 17

Breakfast includes:

Scrambled eggs,

hash brown potatoes,

bacon, sausage, toast, juice,

and coffee.

Breakfast Cost: \$3.00

28th East Central Regional Convention

Held in conjunction with the

52nd Ohio State Convention

Hosted by Area 54 -

Northeast Ohio General Service

This year's theme is

Service - Our Legacy,

Our Future

Regional Speakers • Panels • Hospitality

Workshops • Skit • Banquet • Dance

July 25-27, 2008

at the Holiday Inn,

Westlake, OH

Rooms 179.00 + 15.25% tax

Reservation Code: ECRC

Contact hotel directly:

Phone:

(440) 871-6000 or (800) 448-2296

Area 54 Northeast Ohio Is Hosting

**The Ohio State and East Central
Regional Conventions.**

July 25th - 27th, 2008

At the Holiday Inn Westlake

We need the support of the Home

Groups to host the

Hospitality Room during the Conven-

tion. We are asking that your Group

volunteer to be responsible for a

Time slot of Your choice during the

Convention.

For more Information:

Please contact:

Calvin L. (216-334-4594)

Klaus K. (216-441-5804)

Arid Club

"Sunday Bike Day"

All Summer!!!

Starting May 4th.

3:00 PM

1741 N. Ridge Rd.,

(Food For Sale)

Survivors List:

Groups in need of

Support to stay afloat Please

Attend, Contribute,

Be Active, Help Chair,

Be a Secretary,

Be Responsible

Sisters In Sobriety

Wed. 7:30 PM

Firstmerit Bank

Center Ridge Road

North Ridgeville

Friday Morn. Trad.

Fri. 10:00 AM

St. Clarence Church

30106 Lorain Rd. N. Olmsted

St Agnes Thurs. Gp.

Thurs. 8:00 PM

St. John's Luthern Church

W. River Road

Young Person's Gp.

Sat. 2:00 PM

Elyria St. Mary's

Sun. 8:00 PM

Tues. Lunch Break

Tues. 12:00 Noon

Friday Night Faith

Fri. 11:00 PM

Arid Club, 1741 N. Ridge Rd.,

Sheffield Township

We Need Your Help!!

Don't let them Close

HELP SUPPORT

THE GROUPS.

Easy Does It

We need volunteers from our Lorain County A.A. Community to help on all these various Committees listed, if anyone is interested please contact one or more of the chairperson and **VOLUNTEER!!!!**
Help Make A Difference

Committee Chairs

Unity LiveWire Committee

Jim P.440 385-5687

*e mail jbparks2542@yahoo.com

Internet Committee (aaloraincounty.org)

Mike.....440 670-9910

e mail webmaster@aaloraincounty.org

Cooperation with the Professionals Committee

Alan Revercomb440 541-2473

Correctional Committee

Eddie Logan..... 440 829-7541

Archives Committee

Mary Ann Schulz.....440 453-4115

Young Peoples Committee

John Flores.....440 308-5421

Treatment Facilities Committee

Edwin Torres.....440 989-0362

Picnic Committee

Sue Prosser.....440 309-0491

Finance Committee

Mark Potter.....440 452-5946

Pig Roast Committee

Troy Smith.....440 365-9018

Special Needs Committee

Maggie Middleton.....440 775-1274

Memorial Day Breakfast Committee

Terry Poznako.....440 225-6897

Grapevine Committee

Sarah Lamb.....440 787-7520

District Committee

District 19A (Sheffield Lake, Avon Lake, Sheffield, Avon, N. Ridgeville, Eaton, Columbia, Grafton

Vacant NEED Volunteers

District 19B (Lorain City Meetings and some in Vermilion) **Vacant NEED Volunteers**

District 20A (All of Elyria City Meetings a Carlisle)

DCM. Judy S.440 322-2619

District 20B (All Meetings at ARID Club)

DCM. Kevin Snodgrass440 241-7166

District 20C(LaGrange, Penfield, Brownhelm

Tnsp., Amherst, Henrietta Tnsp., S. Amherst, Kipton, Oberlin, Camden Twsp., Pittsfield Twsp., Brighton Twsp., Wellington Meetings)

DCM. MaryAnn S.440 453-4115

e mail maschulz@oh.rr.com

Alt. DCM.Donna L.440 574-3464

Financial Report

Listed below are the Profit & Loss spread sheet, the group donations and the rents for the month of May, 2008.

<u>Expenses</u>		<u>Donations</u>	
1.Rent	\$ 700.00	1.....	\$ 13.00
2.Columbia Gas Monthly Budget	\$ 274.00	2.....	\$ 1,130.70
3.All Service Telephone Answering	\$ 140.88	3.....	\$ 769.13
4.Ohio Edison	\$ 143.69	4.....	\$ 242.72
5.Century Telephone	\$ 122.61	5.....	\$ 337.43
6. House Managers	\$ 1,359.50		\$ 2,492.98
7.Pay Cor Fees	\$ 89.97		
8.Live Wire Printing	\$ 64.00		
9.Memorial Day Breakfast Programs	\$ 69.00		
10.Flowers Walker/Crawford	\$ 155.12		
11.German's Villa Memorial Day Breakfast	\$ 2,800.00		
12.Custom Engraving Lead's Plaque Memorial Day Breakfast	\$ 40.00		
13. Garbage Bags	\$ 20.00		
14. 50/50 Raffle Ticket Printing	\$ 149.00		
15. Donation to Area 54 Picnic	\$ 100.00		
16. Big Books For Door Prizes at Memorial Day Breakfast	\$ 24.00		
17. Big Books For Prisons	\$ 33.60		
18. Office/ Cleaning Supplies	\$ 7.45		
	\$ 6,292.82		

Normal Activities

<u>Donations/Rent</u>	\$ 2,492.98
<u>Expenses</u>	\$ 3,359.82
<u>Loss May 2008</u>	-\$ 866.84

Memorial Day Breakfast May 2008 Only Activity

Revenue \$ 3,982.00

(Ticket Sales \$3200;

50/50 Raffle \$782)

Expenses \$ 2,933.00

(Note- Excludes \$49 Ticket Printing

Paid in April 2008 & \$150 Hall

Deposit from 2007).

German's Villa \$ 2,800.00

Program Printing \$ 69.00

Lead's Plaque \$ 40.00

Big Books-Door Prizes \$ 24.00

Gain \$ 1,049.00

Total Gain May 2008 \$ 182.16

"Alcoholics Anonymous does not work in theory -- It only works in practice!"

Service Through Action



Phone Line Report:

Month of June, 2008

12 Step Calls..... 16

Sponsorship..... 5

Al-A-Non..... 6

Meeting Info..... 175

General Info..... 70

Total:..... 272

Board Of Directors

Chairperson Tom Ortiz.....315-8600

Vice-Chairperson Troy Smith.....365-9018

Treasurer Bill Post.....933-4153

Secretary Mark Potter.....452-5946

Office Managers George Schmidt....288-8935

Sam Hensley.....288-4942

Tom Niemiec.....258-7286

Donations:

Month of April, 2008

1. Anonymous
2. Amherst Saturday
3. Birmingham Dinner Group
4. Blue Monday
5. Carlisle Lunch Bunch
6. Elyria Friday Night
7. Elyria Men's Stag
8. Elyria Mon. Closed Disc.
9. Elyria Women's Disc.
10. Friday Night Sobriety
11. Friday Night Amherst
12. Grafton Wednesday Night
13. LaGrange Monday
14. LaPorte Tuesday Group
15. 50/50 Raffle
16. Mid-Week Morn. Disc.
17. Monday Night Lorain
18. Never Too Young
19. Oberlin Group
20. S.I.O.G.A.
21. Serenity Hall
22. Sheffield Lake Civic Center Group
23. Stepping Into Sobriety
24. Sun. Open Men's Disc.
25. Tues. Early Morning Disc.
26. Tuesday Night Central
27. UAW Big Book Study
28. Vermillion Mon. Night
29. We Care Tues. Morn. Disc.
30. Wellington Thurs. Night

"With God, all things are possible!"

Let Go Let God

Rents:

Month of May, 2008

1. Friday Men's Disc.
2. Mid-Week Morn. Disc.
3. Monday Happy Hour
4. Never Too Young
5. Tuesday Night Central

Advisory Board Members

Tom Banks.....309-3226

Bill Jackson.....935-3251

Terri Poznako.....225-6897

Nikki Lustek225-6036

Donna Lawson574-3464